

CLASS PROGRAMME/ TEACHING FOR TUESDAY , MARCH 28TH, 2023

Warm up dance:

The Jubilee Jig 8x32J3C 4CSet

RSCDS Leaflet Dances

- 1-2 1M cast to 2nd place;
- 3-4 1M set to 3L;
- 5-8 1M3L turn by the right;
- 9-10 1L cast to 2nd place;
- 11-12 1L set to 3M;
- 13-16 1L3M turn by the left, finishing 2s1s3s on own sides;
- 17-20 2s1L 1M3s right hands across, 1s finishing on the centre line, left hands joined;
- 21-22 1s set;
- 23-24 1s dance out to 2nd place on opposite sides;
- 25-28 2s1M 1L3s right hands across, 1s finishing on the centre line, left hands joined;
- 29-30 1s set;
- 31-32 1s dance out to 2nd place on own sides

Dance Notes

- 17- 1L must start from the sideline.
- 25- 1s must start from the sidelines.

Setting / Turning

MARY ERSKINE (R8x32) 3C (4C set) Roy Goldring 15 Social Dances

- 1- 8 1s+2s turn on sides 1½ times (Men RH and Ladies LH), 1s cast down behind 3s, meet and dance up to 2nd place facing own sides ready for...
- 9-16 1s dance Double Triangles and end by turning right about to face each other (remaining in middle)
- 17-24 1s slip step down centre and back
- 25-32 1L dances LH across on Men's side as 1M dances RH across on Ladies' side and dance ½ Fig of 8 round 2s

Setting and Moving into Dbl Triangles

MONYMUSK (S8x32) 3C (4C set) Preston RSCDS Book 11

- 1- 8 1s turn RH and cast to 2nd place (2s step up), turn 1¼ times LH (4 bars) to end 1L between 2s facing down, 1M between 3s facing up
- 9-16 2s+1s+3s set twice, 1s Petronella turn on second setting onto opposite sides (bars 11-12) and all set twice again on sides. 2(1)3
- 17-24 2s+1s+3s circle 6H round and back
- 25-32 1s dance reels of 3 on sides giving RSh to person on their Right (2nd corner) and 1s cross RH to places. 213

Strathspey Travel / Setting in Strathspey/ Petronella to sides/ Circle

Scotia Sea 8x32R3C 4CSet Goldring (REVIEW)

- 1-8 1s lead down the middle and back, finishing in places facing out;
- 9-12 1s cast into half reels of 3 on own sides, finishing by crossing down to face out in 3rd place on opposite sides;
- 13-16 3s2s1s half reels of 3 on the sides, 1s finishing facing out in partner's place;
- 17-20 1s cast two places and lead up to face out in 2nd place on opposite sides;
- 21-24 all dance 4 bars of crown triangles, finishing 1L facing up, 1M down;
- 25-30 reels of 3 across, 1s giving right shoulders to partner's second corner;
- 31-32 1s cross to 2nd pla

Dance Notes

- 1-32 This dance flows beautifully from each figure to the next.
- 9-16 2s3s dance normal mirror reels of 3.
- 11-12 1s cross down from 2nd place to face out in 3rd place on opposite sides.
- 19-20 1s take nearer hands, finishing by 1L pulling left shoulder back, 1M right.

THE SPIRIT OF THE DANCE (S8x32) 3C (4C set) Irene Paterson TAC 50TH Anniv

1- 8 1s+2s dance a **Tourbillon:** (TEACH NEW FORMATION)

1- 4 1s and 2s ½ turn partners 2H, 1M and 2L lead partners by nearer hand 1 place clockwise to end 1s on Ladies' side and 2s Men's side, 1s set to 2s

5- 8 1s and 2s ½ turn partners 2H and lead partners on 1 place clockwise and 2s+1s cross RH to own sides

9-16 1s **cast** to right on own sides and pass RSh in middle of set, cast to right again and pass RSh to end in 2nd place on opposite side

17-28 2s+1s+3s dance **3 couple R&L**

29-32 1s turn 1½ times to 2nd place own sides. 213

3 Couple R&L

The Sailor 8x32H 3C 4C Set Bk 24 RSDCS

- 1-2 1s cross down to face out between corners;
- 3-4 2s1s3s balance in line on the sides (as in double triangles);
- 5-6 1s cast round first corners, finishing on the centre line, 1L between 2s, 1M between 3s;
- 7-8 2M1L2L set facing 3M1M3L;
- 9-16 1L with 2s, 1M with 3s, reels of 3 across, giving right shoulder to first corners to start, 1s finishing on opposite sides of the centre line, facing down;
- 17-18 1s lead down;2B
- 19-20 1s lead up;2B
- 21-24 1s cross up and cast;4B
- 25-32 2s1s rights and lefts.

Dance Notes

- 1-2 2s step up.
- 5-6 Although the original instructions have 1s cast round first corners, turn first corners ¾ by the right is more helpful to the inexperienced.
- 17-20 Slightly counter-intuitive; only 2 steps down and 2 up.

