# **Ottawa Branch Bulletin**





### Message from the Chair

#### **Denise Conway**



Hello lovely dancers,

I hope you had a wonderful holiday season and are now getting back into familiar routines like Scottish

country dancing classes!



While it now seems quite a while ago, I still have vivid memories of the delightful Christmas Dance that Denise Jeanes and her team organized. There was a great turnout by both new and more seasoned dancers.

The sparkling decorations immediately put us in the festive spirit and dancing to whimsical holiday tunes let everyone know that this was going to be no ordinary social (if there is such a thing!). Many volunteers contributed to making the evening a success, but I would like to extend a special thank you to Chris Thorp for capturing the entire evening on video and making them available for us to enjoy. You will find the videos in the Members section of our website under "Event Photos". For privacy reasons, we ask that you not forward the videos to non-members.

Our weekly classes have resumed and plans for our February 10<sup>th</sup> social are well underway. The Afternoon Social class have put together a wonderful programme that everyone will enjoy.

Our much-anticipated Spring Ball will take place at the elegant Scotton Hall at the Glebe Community Centre on the evening of April 29<sup>th</sup>. Particularly exciting is the fact that we will be dancing to the live music of well-known Scottish country dance band, Don Bartlett and the Scottish Heirs. There's nothing better than live music to put "wings on your feet" as

they say. You can find more information on the Ball later in this bulletin.

For those who have never attended the branch's Spring Ball, suffice it to say that it is loads of fun with a definite touch of elegance. It is the highlight of our dancing year-- a culmination of all the effort that you have put into teaching and learning Scottish country dancing. The Ball Convenor, Breda Gusen, and her team are enthusiastically and energetically putting together a night to remember. She would be happy to answer any questions you might have about the venue, meal choices, pricing, etc. But if you've already made up your mind that you're going to the ball, you'll find the poster and ticket ordering form in this bulletin. It should be noted that the Branch very much encourages and welcomes dancers from other branches to join us at the Ball. So, if you can, please spread the word and encourage out-of-towners to make the trip to the nation's capital to join in the celebration, particularly since 2023 marks the centenary of RSCDS' founding.

Before I close off, I would be remiss if I didn't make reference to the medical emergency that took place at our Christmas dance. Fortunately, we have several members with health/medical backgrounds who took charge of the situation and the paramedics arrived swiftly to take over. Such situations remind us that we must endeavour to be better prepared to handle emergencies. To this end, our Convenors have asked you to provide them with ICE (In Case of Emergency) contact information. Thank you for your cooperation as we continuously try to improve our emergency preparedness.

Denise Conway Chair

	OTTAWA BRANCH EXECUTIVE 2022 – 2023							
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We welcome additions to the bulletin! Send us your news, stories, and photos. Please email your submissions for the next RSCDS Ottawa Branch Bulletin to the Bulletin Editor.

### **Weekly Class Schedule**

Class	Day	Teacher	Location	Time
Level 1 & 2	Tuesday	Marion Hamilton	Parkdale	7:00- <b>9:00</b>
Afternoon Social	Wednesday	Eileen Black	Parkdale	12:30-2:30
Level 2 & 3	Thursday*	Charlie Inglis	Parkdale	7:00 <b>-9:00</b>

<sup>\*</sup>Note that Parkdale Church is unavailable the evening of **Thursday, April 27**. There will be no class on that evening.

#### Schedule of Socials and Events 2022-2023

Event	Date	Time	<b>Doors Open</b>	Location	Programme	Convenor
February Social	10 Feb 23	7:30 pm	7:00 pm	Parkdale	Eileen Black	Leslie Roster / Aft. Social
March Social	17 Mar 23	7:30 pm	7:00 pm	Parkdale		L1/L2
Spring Ball	29 Apr 23	5:30 pm		Glebe Centre	Eileen Black	Breda Gusen
AGM	5 May 23	7:00 pm	6:30 pm (Dancing at 8 pm)	Parkdale		

#### **RSCDS Ottawa Christmas Dance 2022**

The RSCDS Ottawa Branch held its Christmas Dance on Saturday, December 10<sup>th</sup> at the Parkdale United Church. It was a fun evening of socializing, good food and best of all... Scottish dancing!



Wayne and Dawn Greer's decorations, along with Philip Worthington's twinkling lights, magically transformed the church hall into a lovely Christmas wonderland, creating a truly festive atmosphere.

The evening was off to a spectacular start with the traditional Grand March led by Wayne Greer and the piping-in of the dancers by Emily Porter. Sixty-two Branch members then took to the dance floor to enjoy the Christmas-themed dance program provided by Charlie Inglis.

During the intermission, dancers enjoyed a selection of savoury and sweet treats as they

socialized and rested their dancing feet.

The Christmas fun continued with the raffling of 11 lovely gift baskets and the singing of Christmas carols, led by Heather Reid on the piano.

A big thank you to all the eager volunteers who helped make the evening a success!

Happy New Year! Denise Jeanes



One of the lovely programme posters produced by Heather Bale. All photos courtesy of Chris Thorpe.

Would you like to see the videos from the Christmas Dance taken by Chris Thorp? They are available on the Member's area of the Branch website. For those who haven't logged onto the website in a while...

- First, make sure you have your email address and the password used with the Branch website. (If you can't find your password, don't worry there's a 'Forgot Password?' option on the login screen. If you've never registered for a password, there's a simple option for that too.
- Next, find the 'Members' section in the top right corner and sign in.
- Locate 'Branch Event Photos'
- Select *Christmas Dance 2022* from the dropdown list.
- **❖** ENJOY!

#### Hogman-eh! 2022

Hello Scottish Dancers,

The attached photo captures the great turnout to the celebration of the New Year in the Scottish manner – with a great band and various groups of Highland Dancers who were wonderful to watch!

Branch volunteers staffed our RSCDS Ottawa booth at the Hogman-eh celebration, handing out promotional cards and RSCDS Ottawa Branch Membership Application forms as they extolled the fun and benefits of Scottish country dance.

We also had a laptop looping a video of Scottish Dancing, which created lots of interest from people mingling at the booth (while their kids enjoyed the Quality Street candy Denise Conway had placed on the table!).



We will know if our efforts were successful if folk tell us in the years ahead that they learned about Scottish Country Dance at the *Hogman-eh 2022!* 

Thanks to branch volunteers – Denise Conway, Andy and Joy Rivers, Fran, and Leslie Roster.

Best for the New Year, Gayle Davidson Publicity@rscdsottawa.ca

#### Wine Opening Tutorial by Guy Quesnel

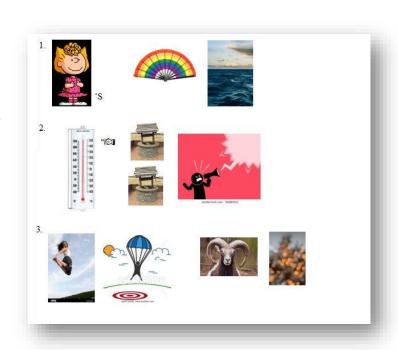


Below is a most interesting video, which was produced by Guy Quesnel. For those of you who have not yet met Guy, he is a member of our Ottawa Branch and Ardbrae. The video is Guy's artistic and musical interpretation of de-corking a wine bottle in true Scottish fashion. Guy obtained the de-corker while attending a Xmas dinner at the Greers. The video is his way of saying thank you, and we all thought that his video should be shared with you. Way to go Guy!

https://youtu.be/4AjT4wEe72A

Mary Bridson has been amusing herself making rebus puzzles this Christmas. Can you guess these three dances?

(Answers on the last page.)





# **February Social**

# Friday, February 10<sup>th</sup> – 7:30 pm Parkdale United Church Hall

The Wednesday Afternoon Social Class invites everyone to join in the "fun, fitness & friendship" of Scottish Country Dancing as we turn snowflakes into hearts at our

February Social 2023.

"My Heart is in Dancing"

By Roberta Burns (The Sweet Songstress of Scotland)

This poem is from Roberta's "Romantic Period" and is especially appropriate for our February Social. Roberta was an avid Scottish Country Dancer and studied for years under the guidance of her famous teacher Phylleen MacBlack. This poem is entitled "My Heart is in Dancing" and was penned in 1786, which, coincidentally, was three years before her cousin, Robert Burns, wrote the words to his famous poem "My Heart's in the Highlands."

My heart is in dancing. My heart's all aglow. My heart is in dancing Wherever I go.

My heart is in dancing, Though winter storms start. My heart is in dancing, Changing snowflakes to hearts. When dancing with loved ones And friends I hold dear, My heart is in dancing, Each day of the year.







### **February Social**

# "Changing Snowflakes to Hearts"





Parkdale United Church February 20, 2023 7:30 pm

Programme by Eileen Black





### Note: 3-Couple Dances are in 4-couple Sets unless otherwise indicated

	New Year Jig	32J3C	Maureen Robson	RSCDS Book 51
	The Royal Deeside Railway	32R3C	Ron Arrowsmith	RSCDS Book 40
	The Saint John River	32S4C <b>Set</b>	Prudence Edwards	A Centennial Collection
*	Shiftin' Bobbins	32R3C	Roy Clowes	Ormskirk 6
	Granville Market	32J3C	Elinor M Vandegrift	RSCDS Graded 2
*	MacDonald of Keppoch	M(2x32S+2X32R)	Chris Ronald	RSCDS Book 49
		Square		
	The Winterlude Reel	32R3C	Monica Robertson	25 Dances for 25 Years
		Bre	eak	
	Gibbs' Valentine Party	32R4C <b>Set</b>	Phil Campbell	25 Dances for 25 Years
*	Polharrow Burn	32R5C <b>Set</b>	Hugh Foss	Glendarroch SD Sheets
*	Midsummer Common	32S3C	T & L Ibbotson	RSCDS Book 49
	Joie de Vivre	32J3C	Irene van Maarseveen	RSCDS Book 39
	Hana	32S3C	Alex Gray	Tweedale Collection 4
*	Miss Johnstone of	32R5C <b>Set</b>	Roy Goldring	14 Social Dances
	Ardrossan			
	The Domino Five	32R5 persons <b>Square</b>	Derek Haynes	Carnforth Collection 4
	Kiss Under the Stairs	32J3C		Miss Milligan Miscellany 2
	Tap the Barrel	32R3C <b>Set</b>	Sue Burridge	Ness House 2
	The Button Boy	32R3C	Bill Zobel	Allanton Collection
	•			

<sup>\*</sup>Designated for experienced dancers

## **FEBRUARY 2023 SOCIAL PROGRAMME**



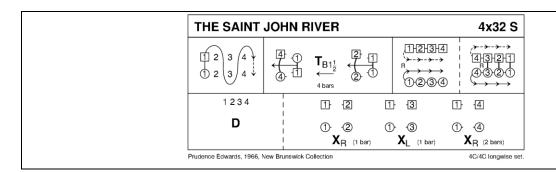
Cribs and videos from the Scottish Country Dancing Dictionary - From Charles Upton's MINICRIB by The MiniCrib Team www.minicrib.org.uk February 2017. Diagrams from Keith Rose's Crib Diagrams (Bedford Scottish Dance Group)

(Dance name in blue indicates video included)

NEW Y	EAR JIG (J8x32) 3C (4C Set) Maureen Robson RSCDS Book 51							
1- 8	1st couple Figures of	f 8 on own sides	(RSh to 2 <sup>nd</sup>	couple to start)	(1st Lady e	nding facing o	ut)	
9-16	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> coupl	es <b>RSh Reels of</b> 3	3 on own sid	des (RSh to 2 <sup>nd</sup> o	couple to s	start) (1st Lady e	ending facing out)	
17-24	1st Lady, followed by	1st Man, Casts b	ehind 2 <sup>nd</sup> Lad	dy, <b>up</b> between	2 <sup>nd</sup> couple	, behind 2 <sup>nd</sup> N	lan, <b>crosses</b> to 2 <sup>nd</sup> place on	
	own side							
	(1st Lady ending facing	ng out), (2 <sup>nd</sup> coup	le step up o	n bars 23-24)				
25-32	1 <sup>st</sup> and 3 <sup>rd</sup> couples <b>R</b>	HA; 2 <sup>nd</sup> and 1 <sup>st</sup> co	ouples <b>LHA</b> (	(1st Lady ending	facing out	t)		
		NEW YEAR JI	G			8x32 J		
		ECOVO.	$\sim$		1 3	2 1		
	① 2 3							
	M	laureen Robson, 1995, RSCDS	Book 51		•	3C/4C longwise set.		

THE RO	IE ROYAL DEESIDE RAILWAY (R8x32) 3C (4C Set) Ron Arrowsmith RSCDS Book 40								
1- 8	1st couple <b>Cross down</b> (r	o hands) bel	low 3 <sup>rd</sup> couple (2 <sup>nd</sup>	couple step up	on bars 3-4), <b>Cas</b>	st up 1 place on opposite			
	sides and dance in to fac	e 2 <sup>nd</sup> Lady; 1	st couple and 2 <sup>nd</sup> L	ady <b>RH Across</b>					
9-16	1 <sup>st</sup> couple and 2 <sup>nd</sup> Man <b>L</b>	<b>H Across</b> en	ding with 1st Lady	(with partner be	hind her) in the r	middle facing up; 1st couple			
	dance up to top and Cas	<b>t</b> 1 place on	own sides to face	3 <sup>rd</sup> Man					
17-24	1 <sup>st</sup> couple and 3 <sup>rd</sup> Man <b>R</b>	H Across; 1st	<sup>t</sup> couple and 3 <sup>rd</sup> La	dy <b>LH Across</b> to	end 1 <sup>st</sup> Lady (wi	th partner behind her) in the			
	centre facing down								
25-32	1 <sup>st</sup> couple <b>dance down</b> b	pelow 3 <sup>rd</sup> cou	iple, <b>Cast up</b> on o	wn sides to 2 <sup>nd</sup> p	place; 2 <sup>nd</sup> , 1 <sup>st</sup> and	3 <sup>rd</sup> couples <b>Turn RH</b>			
	THE	ROYAL DE	ESIDE RAILW	ΑΥ	8x32 R				
	11 2 3   21   LA   2   RA   3   213   T <sub>R</sub>   T <sub>R</sub>								
	Ron Arrowsmith, 1987, RSCDS Book 40.9 3C/4C longwise set.								

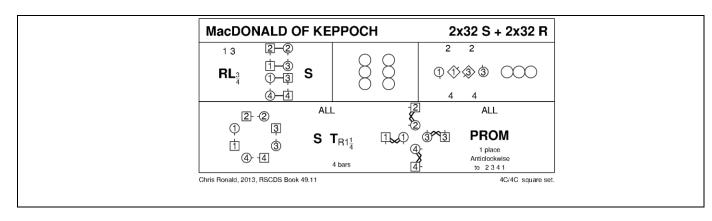
THE SAI	INT JOHN RIVER	(S4x32) 4C Set	Prudence Edwards	A Centennial Collection					
1- 8	1st Lady, followed by 1st Man, <b>Casts</b> 1 place, crosses to opposite side, <b>Casts</b> down behind 3rd Man, crosses to own								
	side, <b>Casts</b> down behind 4 <sup>t</sup>	<sup>h</sup> Lady, crosses to 4 <sup>th</sup> place o	on opposite side (1st Man to 4th Lady	y's place)					
9-16	1st couple dance up 1 place	e under arch made by 4 <sup>th</sup> co	uple (2 bars), <b>Turn</b> 1½ times 2H (4	bars), <b>dance up</b> under arch					
	made by								
	2 <sup>nd</sup> couple to original place	es (2 bars)							
17-28	1 <sup>st</sup> couple, followed by 2 <sup>nd</sup> ,	3 <sup>rd</sup> and 4 <sup>th</sup> couples, dance <b>D</b>	<b>Pown the Middle</b> (2 <sup>nd</sup> , 3 <sup>rd</sup> and 4 <sup>th</sup> co	ouples dance up the sides					
	to start) (4 <sup>th</sup> couple dance i	n slightly on bar 20 (no hand	ds); $4^{th}$ couple, followed by $3^{rd}$ , $2^{nd}$ and	and 1st couples (who dance					
	Up the Middle), Cast to or	riginal places on own sides							
25-32	All <b>Back-to-Back</b> with partners; 1st couple change places on sides with 2nd couple RH (1 bar), with 3rd couple LH (1								
	bar) and								
	with 4 <sup>th</sup> couple RH (2 bars)								



<b>SHIFTIN</b>	SHIFTIN' BOBBINS (R8x32) 3C (4C Set) Roy Clowes Ormskirk 6							
1- 8	1st couple <b>Cross</b> RH to D	Oouble Triangle position wit	n 2 <sup>nd</sup> and 3 <sup>rd</sup> couples	(2 <sup>nd</sup> couple step up	on bars 1-2) and <b>Set</b> ;			
	1st couple <b>Cast up</b> to to	p, meet and dance down ur	til they are between	2 <sup>nd</sup> and 3 <sup>rd</sup> couples	in the centre facing down			
9-16	1st Lady dances RH Acro	oss with 2 <sup>nd</sup> and 3 <sup>rd</sup> Men <b>wh</b>	ile 1st Man dances Ll	<b>H Across</b> with 2 <sup>nd</sup> a	nd 3 <sup>rd</sup> Ladies;			
	1st couple, followed by 2	2 <sup>nd</sup> and 3 <sup>rd</sup> couples, dance <b>D</b>	own the Middle					
17-24	3 <sup>rd</sup> couple, followed by 2	2 <sup>nd</sup> and 1 <sup>st</sup> couple dance <b>Up</b>	to the top, 3 <sup>rd</sup> and 2	<sup>2nd</sup> couples <b>Cast</b> do	wn to 3 <sup>rd</sup> and 1 <sup>st</sup> places			
	while 1st couple remain	in the centre in 2 <sup>nd</sup> place fa	cing up; 1st Lady dan	ces <b>LH Across</b> with	2 <sup>nd</sup> and 3 <sup>rd</sup> Men <b>while</b> 1 <sup>st</sup>			
	Man dances RH Across	with						
	2 <sup>nd</sup> and 3 <sup>rd</sup> Ladies							
25-32	1st couple dance up to	the top and <b>Cast</b> down to 2	nd place opposite side	e; 1st couple 1/2 Figu	<b>re of 8</b> round 2 <sup>nd</sup> couple			
	to end in 2 <sup>nd</sup> place on o	wn sides						
	SH	IIFTIN' BOBBINS		8x32 R				
	Roy Clo	owes, Ormskirk Book 6, RSCDS Thirty Popular D	ances Vol 2	3C/4C longwise set.				

<b>GRAN</b> \	/ILLE MARKET (J8x32) 3C (4C set) Elinor M Vandegrift RSCDS G							RSCDS Graded 2	
1- 8	1 <sup>st</sup> and 2 <sup>nd</sup> couples <b>F</b>	RH Acros	s and L	H back					
9-16	1 <sup>st</sup> couple <b>Cross</b> RH	and Cast	t 1 place	e; 1 <sup>st</sup> couple	½ Figure	of 8 round	2 <sup>nd</sup> couple t	to end fa	acing 1 <sup>st</sup> corners
17-24	1st couple <b>Turn</b> 1st c	orners RI	H and p	ass RSh to f	face 2 <sup>nd</sup> coi	ners; 1 <sup>st</sup> cou	ple <b>Turn</b> 2'	<sup>nd</sup> corner	s RH and <b>pass</b> RSh to end in
	2 <sup>nd</sup> place on own sid	les							
25-32	2 <sup>nd</sup> , 1 <sup>st</sup> and 3 <sup>rd</sup> coupl	les <b>6-Har</b>	าds Roเ	und and Ba	ck				
		GRAN	VILLE	MARKET	Γ		8	3x32 J	
		12	12				I I	213	
	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$								
	Elinor M Vandegrift, RSCDS Graded Book 2.18 3C/4C longwise set.								

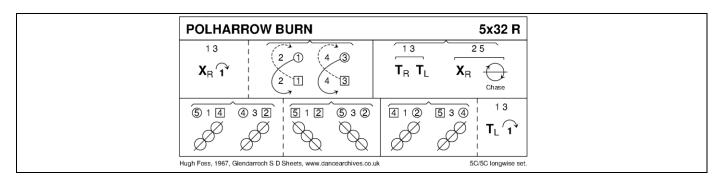
MACD	ONALD OF KEPPOCH	M(2x32S+2x32R) Square Set	Chris Ronald	RSCDS Book 49			
1- 8	1st and 3rd couples 6-bars of Rights and Lefts ending in the middle facing side couples, all Set						
9-16		<b>RSh Reels of 4 Across</b> (1st and 3rd couples ending in a line up and down the middle of the set, ladies facing each other in the middle) ready for					
17-24	Reel of 4 up/down (1st original places	<b>Reel of 4 up/down</b> (1st Lady and 3rd Lady <b>pass</b> RSh), all pass LSh at ends, RSh in the middle ending facing partners in original places					
25-32	All <b>Set</b> , all <b>Turn</b> partner	RH 11/4 times into promenade hold,	dance 1 place <b>anticlockwise</b>				



THE WI	NTERLUDE REEL	(R8x32) 3C (4C Set)	Monica Robertson	25 Dances for 25 Years					
1- 8	8 1st couple, in promenade hold (Lady on Man's <b>left</b> ), <b>RSh Reel of 3 Across</b> with 2nd couple (1st couple to 2nd Man to								
	begin)								
9-16	1 <sup>st</sup> Man passes 1 <sup>st</sup> Lady in f	ront to dance Reels of 3 or	opposite sides ending in 2 <sup>nd</sup> place	on opposite sides					
17-24	1st couple Set, dance down	between 3 <sup>rd</sup> couple, <b>Cast</b>	up to 2 <sup>nd</sup> place and <b>Set</b>						
25-32	1st couple <b>Turn 11⁄4</b> times F	RH, 1st Lady <b>dances up</b> betv	veen 2 <sup>nd</sup> couple <b>while</b> 1 <sup>st</sup> Man <b>dance</b>	s down between 3 <sup>rd</sup>					
	couple, <b>both Cast</b> to their	ight ending in 2 <sup>nd</sup> place on	own sides						
	Diagram not available.								

GIBBS'	VALENTINE PARTY	(R4x32	2) (4C Set)	Phi	Campb	ell	25 Dances for 25 Years	
1- 8	All Cross RH, chase	e clockwise to ov	wn sides					
9-16	4 <sup>th</sup> couple with 3 <sup>rd</sup>	couple, 2 <sup>nd</sup> coupl	e with 1st c	ouple <b>RH Acro</b>	ss and L	H Across		
17-24	1st couple dance u	<b>p</b> to top, <b>curve</b> in	nto 1st place	e (4 <sup>th</sup> , 3 <sup>rd</sup> and 2	nd couple	es step down on bar 1	19-20); all <b>Turn</b> RH (4 bars),	
	ready for							
25-21	All <b>Allemande</b>							
		GIBBS' VALE	NTINE P	ARTY		4x32 R		
		ALL	43 21	(° 4 3 2	ALL	1 4 3 2		
		<b>A</b> to 2341						
	P Campbell, 25 Dances for 25 Years 4C/4C longwise se							

POLHAR	RROW BURN	(R5x32) 5C Set	Hugh Foss	Glendarroch SD Sheets	
1- 8	1 <sup>st</sup> and 3 <sup>rd</sup> couples <b>Cross</b>	RH, Cast 1 place (2 <sup>nd</sup> and 4 <sup>th</sup> co	uples step up on bars 3-4);	1st couple 1/2 Figure of 8 up	
	round 2 <sup>nd</sup> couple <b>while</b> 3	rd couple ½ <b>Figure of 8</b> up rou	nd 4 <sup>th</sup> couple		
9-16	1st and 3rd couples <b>Turn</b> RH then LH to face 1st corners <b>while</b> 2nd and 5th couple <b>change places</b> with partner RH and				
	chase clockwise to oppo	osite end of set			
17-24	1st and 3rd couples 1/2 Dia	1st and 3rd couples 1/2 Diagonal Reels of 4 with 1st corners, pass partner LSh into 1/2 Diagonal Reels of 4 with 2nd			
	corners				
25-32	1 <sup>st</sup> and 3 <sup>rd</sup> couples 1/2 <b>Dia</b>	<b>igonal Reels of 4</b> with 3 <sup>rd</sup> corne	r (partner's 1 <sup>st</sup> corner); <b>Tur</b>	n partner LH and Cast 1 place	



MIDSU	IMMER COMMON	(S8x32) 3C (4C Set)	Tom and Lindsey Ibbots	on RSCDS Book 49		
1- 8	1st couple Set, 1/2 Turn RH, lead down, cross below 3rd couple, cast up to 2nd place on own sides (2nd couple step up					
	on bars 5-6)					
9-16	1st couple Set advancing t	o 1 <sup>st</sup> corners, T <b>urn</b> 1 <sup>st</sup> corners 2	2H ending 1st Man between 3	3 <sup>rd</sup> couple, 1 <sup>st</sup> Lady between 2 <sup>nd</sup>		
	couple;					
	1st couple <b>Set advancing</b> t	o 2 <sup>nd</sup> corners, T <b>urn</b> 2 <sup>nd</sup> corners	2H end retaining 2 <sup>nd</sup> corners	s LH		
17-24	1 <sup>st</sup> Man with 2 <sup>nd</sup> couple, 1 <sup>st</sup>	Lady with 3 <sup>rd</sup> couple <b>3-Hands</b>	round to the left, 1st couple	pull RSh back to face up/down		
	the set,					
	1 <sup>st</sup> couple <b>Set</b> , <b>Petronella</b>	<b>Furn</b> to 2 <sup>nd</sup> place on own sides				
25-32	2 <sup>nd</sup> and 1 <sup>st</sup> couples <b>Straths</b>	pey Poussette				
		MIDSUMMER COMMON	8x32 S			
		S T <sub>R<sup>1</sup>/<sub>2</sub> </sub>	T <sub>B</sub> <sup>3</sup> ↓ ① ∫ T <sub>B</sub> 2 S ③			
		2 ① ① ③ 3 ① ② ② ② ⑤ ⑤ ⑤ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥	2 1 P S 3C/4C longwise set.			

JOIE DE	VIVRE		(J8x32) 3	C (4C set	:)	Irene var	n Maarse	veen .	RSCDS Book 39
1- 8	1st couple <b>Set</b> , <b>Cast</b> 1 place (2 <sup>nd</sup> couple step up on bars 3-4); 1st couple <b>dance</b> to 2 <sup>nd</sup> place on own sides					down bet	ween 3 <sup>rd</sup> couple and <b>Cast up</b>		
9-16	2 <sup>nd</sup> , 1 <sup>st</sup> and 3 <sup>rd</sup> o	couples <b>Turr</b>	RH and C	hase ½-w	ay round <b>c</b>	lockwise			
17-24	3 <sup>rd</sup> , 1 <sup>st</sup> and 2 <sup>nd</sup> o	couples <b>Bacl</b>	c-to-Back,	Set and 1/	<b>72 Turn</b> par	tners RH, ı	ready for .		
25-32	3 <sup>rd</sup> , 1 <sup>st</sup> and 2 <sup>nd</sup> couples <b>Allemande</b>								
	JOIE DE							8x32 J	
			1 (1)	213	213	3x 1x 2x	3× 1× 2×	312	
		S T	① 3 · · · · · · · · · · · · · · · · · ·	T <sub>R</sub>		D	ST <sub>R<sup>1</sup>/<sub>2</sub></sub>	A	
1		Irene van Maarseveen, 1996, RSCDS Book 39.2, RSCDS Thirty Popular Dances Vol 2 3C/4C longwise :					4C longwise set.		

<b>HANA</b>	(S8x32) 3C (4C Set)	Alex Gray	Tweeddale Collection 4		
1- 8	1st couple, giving RH, <b>Cross</b> down, <b>Cast</b> behind 3rd couple, meet below 3rd couple; 1st couple <b>Lead up crossing</b> between 3rd and 2nd couples, <b>Cast up</b> behind 2nd couple to original places				
	between 3 and 2 couples, cast up bennia 2 coup	ne to original places			

9-16	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> couples <b>Turn</b> partners RH and LH				
17- 24	1st and 2nd couples <b>Set Advancing</b> , passing partner LSh to dance the Helix: <b>Cast</b> right (pull RSh back) to own sides, 1/2 <b>Turn</b> partners RH and dance 1/2 <b>RH Across</b>				
25- 32	2 <sup>nd</sup> , 1 <sup>st</sup> and 3 <sup>rd</sup> couples <b>6-Hands Round and Back</b>				
	HANA 8x32 S				
	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$				
	Alex Gray, 2009, Tweeddale Collection 4 3C/4C longwise set.				

MISS J	OHNSTONE OF A	RDROSSAN	(R5x32) 5C Set	Roy Goldrin	g	14 Social Dances	
1- 8							
9-16	1 <sup>st</sup> couple C <b>ross</b> opposite sides	<b>down</b> into Mir	rror <b>Reels of 3</b> with	4 <sup>th</sup> and 5 <sup>th</sup> couples on o	opposite sides (1 <sup>st</sup>	couple end in 3 <sup>rd</sup> place on	
17-24	1 <sup>st</sup> couple <b>Cross</b> (sides)	<b>up</b> into Mirror	Reels of 3 on own	sides with 2 <sup>nd</sup> and 3 <sup>rd</sup> c	ouples (1 <sup>st</sup> couple	end in 3 <sup>rd</sup> place on own	
25 22	1st couple <b>Set, Cast</b> 1 place, 1st couple followed by 5th couple <b>dance up</b> between 4th couple and <b>Cast</b> (1st couple to 5th place and 5th couple to 4th place) (4th couple step up on bars 31-32)						
25-32	place and	·	,		etween 4" couple	and <b>Cast</b> (1 <sup>st</sup> couple to 5 <sup>th</sup>	
25-32	place and	olace) (4 <sup>th</sup> coup	,	31-32)	5x32 R	and <b>Cast</b> (1 <sup>st</sup> couple to 5 <sup>st</sup>	

DOMI	IINO FIVE (R5x32) 5 person Square Set			Derek Hayne	s	Carnforth Collection 4
1- 8	Dancers 5+1+2 RH Acr	oss; Dancers 5+3	+4 LH Across			
9-16	Dancers 5+1+3 RSh Re	el of 3 on diagon	al (5 and 1 pass R	Sh to begin)		
17-	Dancers 5+4+2 LSh Re	el of 3 on diagon	al (5 and 4 pass LS	Sh to begin)		
24		_		_		
25-	Dancer 5 changes place	e with Dancer 1 (	pass RSh), Dancer	1 changes with	Dancer 4, Dance	er 4 changes with Dancer 3,
32	Dancer 3 changes with	Dancer 2				
		DOMINO FIVE			5x32 R	
		ന് മ	1 2	153	452	
		<b>S RA</b>	\$ LA	8	0	
		① 2 ⑤ 4 3	5 2	5 2	5 2	
Í	De	erek Haynes, Camforth 4, RSCE	OS Graded Book 2.11		5P/5P square set.	

KISS U	UNDER THE STAIRS (J8x32) 3C (4C Set)						Miss Milligan Miscellany 2	
1- 8	1st couple Set, Cast 1	1st couple <b>Set</b> , <b>Cast</b> 1 place (2nd couple step up on bars 3-4); <b>4-Hands Round</b> to the left with 3rd couple						
9-16	1st couple Set, Cast u	<b>up</b> to 1st place (	2 <sup>nd</sup> couple step	down c	n bars 11-1	2); <b>4-Hands</b>	Round	d to the left with 2 <sup>nd</sup> couple
17-	1st couple lead down	n for 2 bars, <b>lea</b>	<b>d up</b> for 2 bars;	Cast 1	place and <b>T</b>	<b>urn</b> RH to f	ace dov	wn
24								
25-	1st couple lead down	<b>n</b> below 3 <sup>rd</sup> cou	ple, <b>Cast up</b> to 2	2 <sup>nd</sup> plac	e; 2 <sup>nd</sup> , 1 <sup>st</sup> ar	nd 3 <sup>rd</sup> couple	es <b>Turn</b>	RH
32								
		KISS UNDEF	THE STAIRS	3	8x32 J			
		1 3	1 2		l I	I	213	
		S 1 4	S 1 4	⇄	T <sub>R</sub>	199	$\mathbf{T}_{R}$	
	RSCDS MMM (38)			l	l	3C/4C I	longwise set.	

TAP 1	AP THE BARREL (R3x32) 3C Set Sue			Sue I	Burridge Ness House			Ness House 2
1- 8	1st Lady and 3rd Ma	an <b>change places</b> RH	, 1 <sup>st</sup> Man and 3 <sup>rd</sup>	Lady <b>ch</b> a	ange place	<b>s</b> RH, 2 <sup>nd</sup> o	couple <b>Cr</b>	oss RH then
	all ½ Turn into Al	lemande hold ready f	or					
9-16	All <b>Allemande</b>							
17-	1st couple <b>Set</b> and	Cast 1 place (2 <sup>nd</sup> cou	ıple step up on b	ars 19-20	0); 3 <sup>rd</sup> coup	le <b>Set</b> and	Cast up	1 place
24	(1st couple step do	wn on bars 23-24)						
25-	All 6-Hands Roun	d and Back						
32								
		TAP THE BAR	REL			3)	x32 R	
		<b>(</b> ) (3)	3x 2x 1x	321		3	231	
		<b>X</b> <sub>R</sub> <b>X</b> <sub>R</sub> ③ ①	$\mathbf{X}_{R}$ $\mathbf{T}_{R^1_{\overline{2}}}$	A	Sî	ST	6	
	Sue Burridge, Ness House Collection 2, RSCDS Graded Book 3.1 3C/3C longwise set.							

BUTTO	ON BOY	(R8)	(32) 3C (4C Se	et) Bill Zob	el	Allanton Collection	
1- 8	1st couple Mirror	Reels of 3 on ov	vn sides (1 <sup>st</sup> co	ouple in and down to	o start)		
9-16	1st couple <b>Crossover</b> (Mirror) <b>Reels of 3</b> on opposite sides ending back to back in 2 <sup>nd</sup> place facing opposite sides (2 <sup>nd</sup> couple now in 1st place), ready for						
17-24	1st couple <b>Double</b>	Triangles endir	ng facing dowr	n (Lady on Man's rig	ht)		
25-32	2 1st couple <b>dance Down the Middle</b> , Lady dancing under Man's arm on bars 27-28; 1st couple <b>dance Up</b> to 2nd place on own sides						
		THE BUTT	ON BOY		8x32 R		
		<b>∞</b>	ॐ ∞	2 3 <b>DT</b>	$\xrightarrow[N]{} \mathbf{T}_{\frac{1}{2}} \leftarrow$ L under Ms arm		
		Bill Zobel, Allanton Colle	ection		3C/4C longwise set	!	

### **Dancing Near and Far**

March 25, 2023 – Toronto West End Workshop. Classes, lunch and Afternoon Tea Dance. To be held at Humberwood Community Centre in Etobicoke. <u>Link to details</u>.

March 31, April 1 & 2 – Lethbridge Scottish Country Dancing Workshop and Ball. Celebrating the 25<sup>th</sup> workshop and 40+ years of dancing. Event takes place at the Signature Sandman Lethbridge Lodge. Information and the registration form can be found on the website: http://www.lethbridgescottishcountrydance.org/

April 1, 2023 – RSCDS Hamilton Branch Ball. Scottish Rite, 4 Queen St. S. Music by Scotch Mist. <u>Link to Details</u>.

April 21 and 22, 2023 – Washington Branch Capital Weekend Event. Details for this event available on the website: <a href="https://www.rscds-greaterdc.org/">https://www.rscds-greaterdc.org/</a>

April 21-23, 2023 – RSCDS Winnipeg Workshop and Ball. Celebrating the 60th anniversary of the branch and the 50th of the workshop and ball. Teachers: Linda Henderson and Jim Stott. Musicians: Mary Ross, Janette Polson, and Ron Krug. Check the RSCDS Winnipeg website for more information as it becomes available.

April 22, 2023 – West Toronto Ball. To be held in the Crystal Grand Banquet Hall, Mississauga. Tickets go on sale in February. Musicians: Scotch Mist Trio. Free parking. <u>Link to details</u>.



April 29, 2023 – RSCDS Ottawa Annual Spring Ball. The Branch spring ball will take place at The Glebe Community Centre, 175 Third Avenue, Ottawa with live music by The Scottish Heirs. See flyer included in this bulletin for more information.

May 26-28th, 2023 – RSCDS Spring Fling (and Fringe). Registration for this event is now open. See flyer included in this bulletin for details <a href="https://www.springfling2023.ca">www.springfling2023.ca</a>.

**Summer School 2023 – St. Andrews.** An action-packed four weeks of dancing in the historic town of St. Andrews. More information is available on the website.

**July 30 to August 6, 2023 – TAC Summer School.** Enjoy a week of dancing in Halifax, Nova Scotia. Details can be found on the website.







# 100 YEARS

CELEBRATING DANCE SCOTTISH

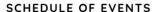




# RSCDS OTTAWA BRANCH SPRING BALL

APRIL 29TH 2023 5.30PM - 11.30PM THE GLEBE COMMUNITY CENTRE 175 THIRD AVE, OTTAWA LIVE MUSIC





- 5.30pm Punch Reception. Cash Bar Opens
- · 6.15pm Dinner
- 8pm Grand March
- · 8.15pm Dancing

#### Ticket cost:

- Dining and Dancing \$120
- Beginners \$90
- . Dining Only \$90
- Dancing Only \$90 (arrive 7.45pm)

#### For Tickets: Contact Breda Gusen

events@rscdsottawa.ca

Ticket Registration also available by mail - see registration form attached.

Specify Choice for Main Course: Chicken; Baked Salmon; or Vegetarian/Vegan

#### DANCE PROGRAMME

- 1. RABBIE'S REEL R32 4/4L Fife Council P.E.V.T.S.: RSCDS XL
- 2 THE SCALLYWAG J40 3/4L Jennifer Kelly: RSCDS LII
- 3. 12 COATES CRESCENT S32 4/4L RSCDS: RSCDS XL
- 4. MRS STEWART OF FASNACLOICH R32 3/4L RSCDS: Leaflets
- 5. JOIE DE VIVRE J32 3/4L Irene van Maarseveen: RSCDS XXXIX
- 6. HANA S32 3/4L Alex Gray: Tweeddale Collection, Volume 4
- 7. MACDONALD OF KEPPOCH M128 4S Chris Ronald: RSCDS XLIX
  Break

8.FOLLOW ME HOME J32  $\cdot$  3/4L Ellie Briscoe: RSCDS XXXVIII 9.THE ROYAL DEESIDE RAILWAY R32  $\cdot$  3/4L R Arrowsmith: RSCDS XL

10.MISS MILLIGAN'S STRATHSPEY S32 · 3/4L RSCDS: Leaflets 11.THE DEIL AMANG THE TAILORS R32 · 3/4L RSCDS XIV 12.FRIENDSHIPS S32 · 4/4L Jennie Miller: RSCDS Graded 3 13.TAP THE BARREL R32 · 3/3L Sue Burridge: RSCDS Graded 3 14. THE GALLOPING CAROUSEL J32 · 4/4L John de Chastelain: Ottawa 25

#### Extras

15. THE TRI-MARINER R32 · 3/4L Ann Dix: RSCDS XLVIII
16. CITY OF BELFAST S32 · 3/3L Lucy Mulholland: RSCDS XLVIII
17. MISS ALLIE ANDERSON J32 · 3/4L Mina Corson: RSCDS Leaflets

Devised by Eileen Black

Cribs available at: https://my.strathspey.org/dd/list/37177/





# Registration Form RSCDS Ottawa Spring Ball April 29th 2023



Print Name:	
Meal Choice:	
Signature:	
Print Name:	
Meal Choice:	
Signature	
Address:	
City:	Postal Code:
Telephone:	
Email:	
Please reserve: # tickets at \$	120.00 for Dining and Dancing;
#tickets at \$90 each for 1st i	year dancers;
# tickets at \$90 each for Din	iers only;
# tickets at \$90 each for Dance	ers only;
Total \$	
	Drive, Ottawa, ON K1C 2P6 (cheques payable
to RSCDS Ottawa Branch) or Email a	nd etransfer to events@rscdsottawa.ca
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	100 YEARS
1923 - 2023	CELEBRATING DANCE SCOTTISH
TAX SO	CLLLDING DANGE GOOT HOIT

Hello dancers,

As winter unfolds and we become engrossed in our invigorating hobby, it's wonderful to feel our bodies, minds, and spirits waking up to benefits from Scottish Country Dancing. I congratulate you all for your incredible attendance and enthusiasm as well as your consideration, staying home if you feel unwell. These habits have enabled classes to continue with great enjoyment and success. Thank you.



We are lucky to have some very comprehensive websites to visit to enhance this enjoyment. If you would like to check out a dance crib or video or just enjoy watching people dance something we have done in class (or something entirely new!) you can enter the name of a dance or formation in YouTube, which will often get results, or go to <a href="https://www.scottish-country-dancing-dictionary.com/dance-cribs.html">https://www.scottish-country-dancing-dictionary.com/dance-cribs.html</a> or <a href="https://my.strathspey.org/dd/list/">https://my.strathspey.org/dd/list/</a>. Take a moment to search these websites. They can be a font of information, from steps and formations, to dances and videos.

Hope this helps enhance your enjoyment of your dance experience. It could be very fun to do snuggling up with some hot chocolate if it's particularly stormy outside!

Maybe give it a try!!

See you soon,

Marion Hamilton
Chair of Instructors

Answers to Rebus Puzzles Quiz on page 4.

3. Highland Rambler

2. Maxwells Rant

1. Sally's Fancy