**Intermed / Adv Nov 3, 2026**

**Circle Dance: using running 3 beats In reel time, running step 3 beats**

1-8 All face ptnr, turn ptnr RH once round 4B, turn with LH to place

9-16 Join hands with ptnr adv into middle 2B, and Retire 2B, and turn BH once round, 4B

17-24 Do **the ZIG ZAG**, Each dancer move in/out to their right, 2B with a clap passing ptnr RSH, and repeat 2B, (clap) moving opp direction repeat 2 more times, to face a new partner

25-32 Meet new ptnr turn RH, and BTB, ready to start again

**3Beat pas de basque SETTING STEP-** Foot positions break it down 2nd 3rd 2nd. Step beat beat

A) In lines facing me. Step it out, dance it to music .

B) Set move forward, set move back Set and travel 2b, 2b

**THE WHITE COCKADE** (R8x32) 3C (4C set) Preston RSCDS Book 5

1- 8 1s+2s+3s set and cross RH, set and cross back RH
9-16 1s lead down the middle for 4 bars and back to top, remaining in centre facing up
17-24 1s cast (slow) to 2nd place on own sides (4 bars) and circle 4H round to the left with 3s
25-32 2s+1s dance R&L. 213

**THE WILD GEESE** (J8x32) 3C (4C set) RSCDS Book 24

1- 8 1s+3s set advancing and Balance-in-Line (Man above Lady), turn partners RH and 1s cast to 3rd place while 3s lead up to 1st place
9-16 3s+1s set advancing and Balance-in-Line (Man above Lady), turn partners RH and 3s cast to 3rd place while 1s lead up to 1st place
17-24 1s lead down and back to 2nd place
25-32 2s+1s dance R&L. 213

https://www.scottish-country-dancing-dictionary.com/video/wild-geese.html

**Strathspey setting step and travel: in lines**

Break it down to foot positions step close step lift and [place and hold

With ptnr: Circle: Set on RF 2B, travel 2B, set 2B, BH turn once round to face on

**R*THE SHELTERED COVE** (S8x32) 2C (4C set) Margaret Zadworny Aye Afloat

1- 8 1s set and cross RH, 1s+2s change places LH on sides and set facing down/up
9-16 2s+1s dance Ladies' Chain
17-24 1s lead down (2 steps) and back up above 2s, cross and cast 1 place
25-32 2s+1s dance Diamond Poussette

https://www.scottish-country-dancing-dictionary.com/video/sheltered-cove.html

**The Targe**: travel and turns

**The Clansman 8x32R 2C Bk 32**

**1-4** 1s cross by the right and cast;

**5-8** 2s1s right hands across halfway and set on sides, finishing 1s at top, 2s on opposite sides;

**9-16** 1s2s rights and lefts finishing with an extra ¼ turn by the left so that Ls are in centre;1L/1M facing down

**17-24 the targe:**

17-18 1L2L turn by the right ¾ WHILE 2M 1M chase round **anticlockwise,** finishing 2M1L2L1M in **line up and down**;

19-20 2M1L 2L1M turn by the left; 2B right round, strongly

21-22 1L2L turn by the right ¾ WHILE 2M 1M chase round anticlockwise, finishing 2M1L2L1M **in line across;**

23-24 2M1L 2L1M turn by the left ¾, finishing with 1s in 2nd place on **opposite sides;**

**25-26** 1s 2s set facing up and down;

**27-28** 1s2s set on the sides;

**29-32** 1s half figures of 8 round 2s.

https://www.scottish-country-dancing-dictionary.com/video/clansman.html simplified 2C

https://www.scottish-country-dancing-dictionary.com/video/clansman.html

**Inchmickery**

Roy Goldring 14 Social Dances

*Jig 5 x 32 bars 5 Couple Repeat 5 Couple Set Longwise Set*

**1-4** 1s2s 4 hands round to the left;

**5-8** 1s advance and cast to 3rd place;

**9-12** 3s1L 1M4s right hands across;

**13-16** 3s1M 1L4s left hands across;

**17-20** 2M1L 1M5L turn by the right;

**21-24** 2L1M 1L5M turn by the left;

**25-28** 1s advance and cast to 5th place;

**29-32** 5s1s 4 hands round to the **right**, finishing 2s3s4s5s1s.

https://www.scottish-country-dancing-dictionary.com/video/inchmickery.html

**R*THE CODE BREAKER** (R4x32) 4C set John Drewry Stoneywood Collection 1

1- 8 1s dance down round 4s, cast back to places and ½ **turn 2H to face down** while 2s stand for 2 bars and dance down round 4s and cast to place while 3s stand for 4 bars and dance down round 4s and cast to place while 4s stand for 6 bars and ½ **turn 2H to face up** (similar to square set)
9-16 All circle 8H round and back. Finish as at end of bar 8
17-24 1M+2L and 3M+4L turn LH 1¼ times while 1L+2M and 3L+4M turn RH 1¼ times [all now on sides 2 (1)(4) 3], 1s+4s dance ½ R&L to end 2413
25-32 2s+4s also 1s+3s dance RH across, 4s+1s dance LH across

https://www.scottish-country-dancing-dictionary.com/video/code-breaker.html