Warm up / Waltz Stretch

## THE MACHINE WITHOUT HORSES (J8x32) 3C (4C set) David Rutherford RSCDS Book 12

1-8 1s set, cast and dance RH across with 3s
9-16 1s set, cast up and dance LH across with 2 s
17-24 1s followed by 2 s dance down, cast up behind 3 s , in and dance up to top and 1 s cast back to 2nd place
25-32 2s+1s dance R\&L

## LET'S HAVE A CEILIDH (R4x32) 4C set Robert M Campbell Glasgow Assembly REVIEW/ chaining

1- $81 s$ and $4 s$ cross $R H$ and cast in 1 place, $1 s+4 s$ dance $L H$ across ( $1 s+4 s$ end BtoB in centre facing corners)
9-16 All set and change places RH with corners, set and change back with LH
17-24 1s+4s dance RH across and LH back while $2 \mathrm{~s}+3 \mathrm{~s}$ chase all the way round anticlockwise
25-32 CHAINING: All set and $1 \mathrm{~s}+4 \mathrm{~s} 1 / 2$ turn partner RH, $1 \mathrm{M}+4 \mathrm{~L}$ chase clockwise $1 / 2$ way as $1 \mathrm{~L}+4 \mathrm{M}$ $1 / 2$ turn LH, 4s+1s cross RH. 2413

## https://www.scottish-country-dancing-dictionary.com/video/lets-have-a-ceilidh.html

Sands of Morar Priddey 8x32S3C 4CSet RSCDS Book 45 Tourbillon
1-8 Taking right hands, 1 s cross down into figures of 8 around 2 s ;
9-16 taking nearer hands, 1s dance down into mirror reels of 3 on the sides;
17-18 1s turn both hands, moving down to finish with nearer hands joined, facing down in 2nd position WHILE 2s3s continue on the path of the mirror reels;
19-20 followed by $2 s 3 s$, 1s lead down, finishing all facing down with nearer hands joined, 3s2s1s;
21-22 3s 2s 1s set facing down and release hands;
23-24 1s followed by 2 s 3 s cast up on own sides to original places;
25-32 1s2s dance TOURBILLON, finishing 2s1s3s:
25-25 1s 2 s turn both hands halfway, finishing 1 M facing down, 2 L up, releasing left hand with partner;
26-26 1s 2s dance one place clockwise around the 1s2s rectangle, finishing with nearer hands still joined facing across the set;
27-28 2 s set facing 1 s across the set, finishing facing partner on the side;
29-30 2s1s repeat bars 25-26 rotated $90^{\circ}$ clockwise, finishing 2 s 1 s on opposite sides;
$31-32$ 2s 1 s cross by the right
1-32 The deviser emphasizes the importance of taking hands at every opportunity.
25-26 This must be one continuous flowing movement so that 1L 2 M almost dance on the spot.
Excellent Demo of mirror reels and covering/phrasing

The Wee Cooper o' Fife Hugh Foss 8x40J3C 4CSet NOTE: 10 B phrase count
1-6 1s set, cross and set;
7-10 1 s cross down into half figures of 8 around 2 s ;
11-18 1s2s rights and lefts; no polite turn... into crossing over
19-20 1s2s cross by the right;
21-22 1s2s set on the sides;
23-24 1s2s right hands across halfway;
25-26 1s2s set on the sides;
27-28 1s2s left hands across halfway;
29-30 1L2M retain hold and turn by the left halfway WHILE 2L (from 2M's position) cast up WHILE 1M (from 1L's position) cast down; into....
31-38 1s2s reel of 4 across (right shoulder to partners);
39-40 1M 2L dance across to own sides WHILE 1L cast down WHILE 2M cast up, finishing with 1 s in 2nd place.

## Dance Notes: Count 10 B in your head.

10 bar phrases: and so two extra bars to complete each phrase; don't panic on the 7th bar.
-18 No polite turn.
19-20 Follow smoothly from the rights and lefts.
-20 All in partners' places.
-28 At the end of the left hands across halfway, 1 L and 2 M retain hold; their partners release hold and cast.
31-38 Note that the axis of this reel is across the set on a line halfway between 1st and 2nd places, not diagonally.
-38 Complete the reel of 4 , i.e., get back to where you were at bar 30 .
39-40 2 bars to finish on own sides, 1 s below 2 s .
https://www.scottish-country-dancing-dictionary.com/video/wee-cooper-o-fife.html

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excellent 2C formation for demo
https://www.scottish-country-dancing-dictionary.com/video/sands-of-morar.html

JOHN PAUL JONES (H8x32) 3C (4C set) John Drewry Bon Accord Book fun hornpipe
1- 8 1s set, cross RH, cast 1 place, cross LH to 2nd place own sides facing out, 2s step up B5\&6 $9-242 s$ and $3 s$ petronella turn into centre and set, while 1 M casts down as 1 L casts up and cross (M between 3 s and L between 2 s )
2 s and 3 s petronella and set while 1M casts up and 1 L casts down and cross RH hand (to 2nd place own sides)
2 s and 3 s petronella and set while 1 M casts up and 1 L casts down and cross between $2 \mathrm{~s} / 3 \mathrm{~s}$
$2 s$ and 3 s petronella and set while 1M casts down and 1L casts up and 1s turn LH to face 1st corners 25-32 1s turn 1st corner RH, partner LH, 2nd corner RH and cross LH to 2nd places own sides

Note: C2 and C3 leave open space btwn each couple when doing Petronella into centre, allowing space for C1 to dance. through

